

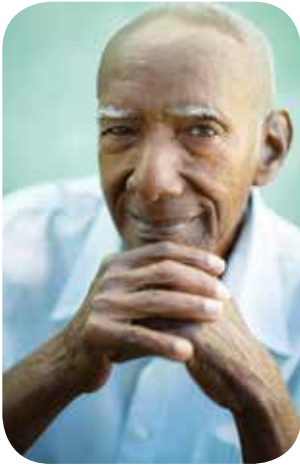


YOUR GUIDE TO
HOME HEALTH CARE



CENTRAL ALABAMA
HOME CARE

205-977-4152



Regain Your Independence

Our goal for you as a patient is to get you back to completing the activities of daily living without assistance as quickly as possible. We provide services that focus on improving your ability to get around and become independent again. We also take many precautions in your home to reduce the risk of falls and the chance of an urgent care visit or hospitalization. We are available for your call 24 hours a day to help you get back on your feet!

Better Quality Outcomes

Quality outcomes are essential because they mean that the care coordination between you, your home health agency staff, doctor and anyone else who provides your care is working well. Progressing toward self care and, eventually, no longer needing the services of home health care is our focus.

Tools and Teaching

We provide the patient and caregiver with education and tools for self care by doing a thorough home safety assessment and teaching medication management, wound care management and/or therapy routines to empower the patient and caregiver in the course of their care.

Personalized to your Specific Needs

In support of your doctor's orders, our home health staff develops a care plan, which is a written plan for your care. It details the services you will get to reach and maintain your best possible physical, mental and social well being. You have a right to participate in planning your care and treatment. Our home health staff will keep your doctor up to date on how you are doing and revise your care plan as needed.

Home Health Care is an Earned Benefit

Home health care is a part of the Medicare benefit and is also covered by most insurers. Home care is noted to be an effective, efficient and economical form of health care and minimizes costly hospital stays. Medicare reports that home health care saves billions of dollars each year.

Health Care Delivered

People are often happier and more comfortable at home when recovering from illness or injury. Home health care allows skilled nursing, physical or occupational therapy, home care aides and other services to be delivered in your familiar home environment. Because you are in your home, the chance of complications is minimal as compared with a medical facility. Care at home has been proven to reduce stress and can add years to your life and life to your years.

Multi-Disciplinary Services

Think of home health care as an extension of the care you receive from your doctor's office or hospital, provided at home. From medication management to treatments to therapy that helps you gain your strength back, we have the skilled clinical services your doctor says you need to get better – all in your living room.

Licensed and Accredited

Quality care is our focus; our home health care agency is licensed by State and Federal Regulators and is accredited by CHAP, the Community Health Accreditation Program.

Receiving the medical care you need doesn't have to mean leaving your home. You can receive the care you need from trusted health care professionals in your own community with our Home Health Care Services.

Perfect for older adults who need clinical support, home health care is designed to help patients regain their independence by receiving needed medical care in their familiar home environment. We offer everything from nursing services to home health aides to physical or occupational therapists and more. In addition, we accept Medicare and will bill your insurance provider directly.

If you feel that you or someone you love could benefit from nursing care in their home or if you have a question about Home Care, please call us.

We are here to help!



Central Alabama Home Care

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205-977-4152 • CentralALHomeCare.com

This Agency does not discriminate based on race, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, genetic information, citizenship, veteran status, military or uniformed services or other protected classifications, in any way including admissions, treatment, programs, services, activities or employment. For further information about this policy, please contact our Home Care Director of Compliance at 615-465-7000.

It is our home care mission, acting as **Partners In Care** with other community-based health care providers, to deliver excellent quality care designed to maximize the health and independence of all who qualify for and desire home-based health care services in our community.